



1-1 Coaching Sessions

A service by and for Autistic Individuals

Examples of what we offer:

- Accompanying with Travel / Travel Experience
- Shopping Experience (Online or Face-to-face)
- Planning to go out
- Joining a group/club (Accessing the community)
- Supportive discussions about Autism with an Autistic Adult

These are just a few examples and we invite people to get in touch with any other inquiries!

Ages 16 and above welcome!

To register your interest please contact

hope@hopeforautism.org.uk