



**Space
for Change**

Support for People Living with
Clutter and Hoarding

**Hoarding
Support Group**
Come along for
information,
advice and
encouragement to
reach your goals.

Contact Ruth for more
information
07973 916893

Coatbridge

Community Fire Station

Main Street, ML5 3RS

1st Wednesday of the Month

6pm - 8pm

Starting 6th May 2026

Hamilton

Community Fire Station

99 Bothwell Road, ML3 0EA

2nd Saturday of the Month

12pm - 2pm

Starting 9th May 2026

East Kilbride

Community Fire Station

Andrew Street, G74 1DA

3rd Wednesday of the Month

6pm - 8pm

Starting 20th May 2026

Motherwell

Community Fire Station

Delburn Street, ML1 1SE

4th Saturday of the Month

12pm - 2pm

Starting 23rd May 2026